

## Guided preparation framework for young people

Research shows that preparation and reflection are important aspects of youth social action.

If you are about to participate in youth social action, you could use the following framework to support your planning and thinking about the activity you are about to undertake.

You do not need to follow the framework line by line. Rather, use it flexibly and in response to your needs.

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### Youth social action: Preparation Framework



#### **Questions about: Identifying a challenge**

- Where in your community could you add value?
  - What do you care about? What do you want to change?
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#### **Questions about: Perceptions**

- How do you feel about the issues facing your community?
  - Who else do they affect? How do they feel about them?
  - Which of these is a priority for you?
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#### **Questions about: Identifying a response**

- What can you do about this issue?
  - What knowledge and skills do you currently have to help address the issue?
  - What specific project or activity can you initiate to address this issue?
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#### **Questions about: Developing knowledge and skills**

- What other knowledge and skills will you need to tackle this issue?
  - How can you develop these?
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**Questions about: Wider links**

- How does this link to your wider learning in school/college?
- How will your youth social action link to your wider learning in school/college?
- How can you use your social action to make a positive impact in the world around you?
- How can you use your youth social action so that it supports your future career?
- How can you use your youth social action to find out more about the world of work?



**Questions about: Impact**

- How will your activity create change?
- Who will benefit from your youth social action, and in what ways? How will you know?



**Questions about: Partnerships**

- What partners (including peers, community members, employers, and so on) will you work with?
- What experiences and support do you want from these partnerships?
- Do you have these relationships, or do you need to develop them? If so, how?



**Questions about: Access**

- If you're working in a team, what role/s will each member of your group undertake, so that you achieve your goals?
- How will you ensure everyone who wants to be involved can be involved?
- What support will you need to get what you want from the youth social action?



**Questions about: Progress and process**

- What challenges might you face?
- What will you do about these?
- How will you review and evaluate your progress? Where will you log this?