★ HOME ENERGY FACTS

Only 5% of the power drawn by a phone charger is used to charge the phone. The rest is used when it's just plugged in! – so remember to turn it off when you are done!

A typical microwave uses more electricity to keep its digital clock on standby than it does heating food.

In the average home, 75% of the electricity used to power electronics is consumed while the products are turned off (on standby). Each TV or computer left on standby is estimated to cost you 2p per hour.

If everyone boiled only the water they needed every time they used the kettle, we could save enough electricity in a year to power the UK's street lights for nearly 7 months.

Turning the thermostat down just 1°C saves 8% in heating costs. That's a saving of nearly £100 per year.

A fridge freezer can account for up to 5% of a household's annual electricity bill. Defrosting it regularly could save you quite a bit of money.

Laptops use up to 85% less electricity than desktop PCs.

Washing clothes at 40°c uses a third less energy than a 60°c cycle.

Lighting makes up 10% of the average household's electricity bill. Switching to LED bulbs uses 90% less energy than halogen bulbs.

A fridge freezer can account for 5% of a household's annual electricity bill. Defrosting it regularly will reduce how hard it must work and can save £100 a year.



